

Get Ride Ready

21 simple things you can do to get ride ready.

- 1 CHECK YOUR HELMET**
Check the expiry date. If it's 5 years or older, it's time for a new one.
- 2 KNOW YOUR RIDE**
Check your bike for wear regularly, so problems can be found and fixed early.
- 3 REMASTER THE CLASSICS**
Ease into the riding season and refresh that riding feeling by practicing your technique.
- 4 OWN YOUR SAFETY**
Take action and always look out for yourself.
- 5 DITCH THAT SCRATCHED VISOR**
Make sure you can see clearly.
- 6 SET UP YOUR BIKE RIGHT**
Adjust your bike for a more comfortable ride.
- 7 CHECK YOUR BRAKES**
Relax into your ride knowing your brakes are working.
- 8 HOW SAFE IS YOUR GEAR?**
Check out MotoCAP to see if it's up to scratch.
- 9 BRUSH UP ON THE ROAD RULES**
Respect the rules so you arrive safe every ride.
- 10 KNOW YOUR TYRE PRESSURE**
See how it feels and adjust no more than 2psi at a time.
- 11 FINE TUNE YOUR SKILLS**
Check out Ride Forever's Online Coaching to nail your core riding skills.
- 12 GET A PRE-RIDE SERVICE**
It's time to clean, check and service your bike.
- 13 BE THE BEST RIDER YOU CAN BE**
Keep improving and enjoy every ride.
- 14 NEVER FORGET YOUR HEAD CHECKS**
Know how to spot a blind spot.
- 15 ALL THE GEAR, ALL THE TIME**
Cover up on every ride with a helmet, boots, gloves, armour, leathers and visor.
- 16 RIDE LIKE YOU'RE INVISIBLE**
Position yourself in traffic so you can always be seen.
- 17 HAVE A PRE-RIDE CHAT**
Get your riding buddies together and make a plan.
- 18 PLAN YOUR ROUTE**
Take a look to see where the best place to stop is.
- 19 DON'T CHASE YOUR MATES**
Catch up with your mates at the next stop.
- 20 RAISE YOUR SIGHTS**
The further you look ahead, the more time you'll have to react.
- 21 BOOK A RIDE FOREVER COURSE**
Bike and gear sorted? Don't forget your skills.